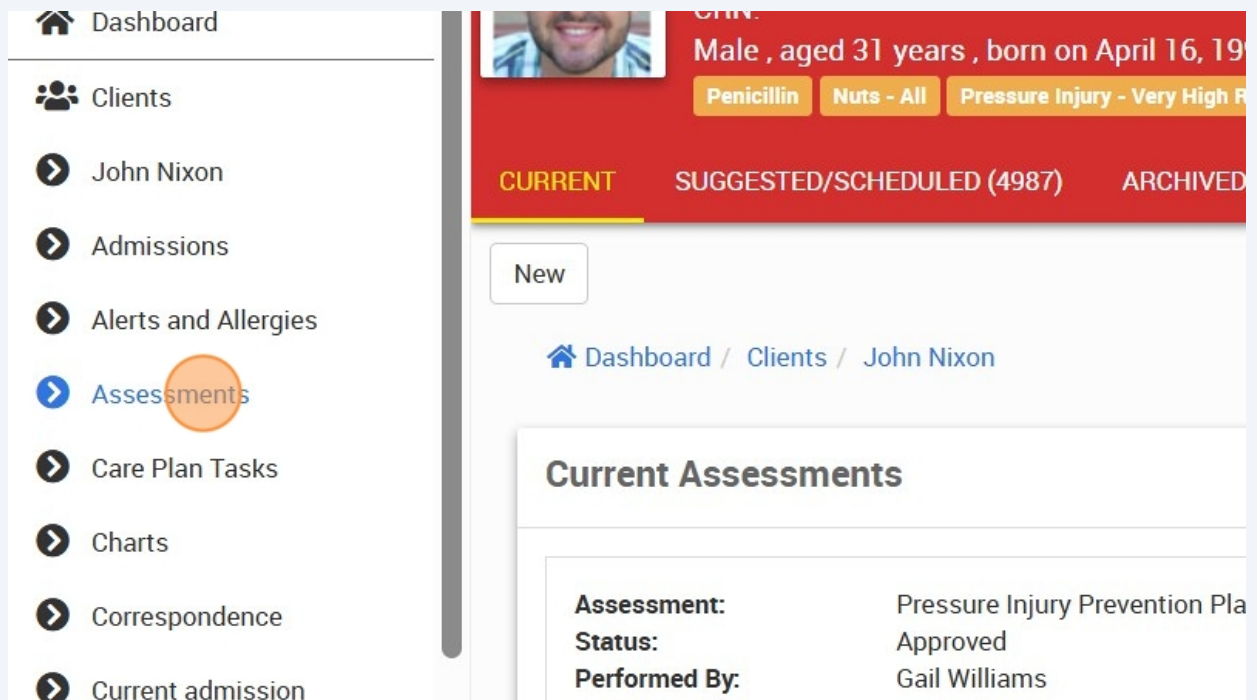


Pain Scale

A how to guide for conducting a FLACC Pain Scale assessment in Care Right

- 1 Click "**Assessments**" within the client dashboard to open all current assessments



The screenshot displays the Care Right client dashboard for John Nixon. On the left, a sidebar menu lists various dashboard sections: Dashboard, Clients, John Nixon, Admissions, Alerts and Allergies, **Assessments** (highlighted with an orange circle), Care Plan Tasks, Charts, Correspondence, and Current admission. The main content area shows a client profile for John Nixon, a male aged 31 years, born on April 16, 1990. Below the profile, there are tabs for CURRENT, SUGGESTED/SCHEDULED (4987), and ARCHIVED. The CURRENT tab is selected, and a 'New' button is visible. Below the tabs, the breadcrumb trail reads 'Dashboard / Clients / John Nixon'. The 'Current Assessments' section shows a table with the following data:

Assessment:	Pressure Injury Prevention Pla
Status:	Approved
Performed By:	Gail Williams

2

Locate 'pain scale' in assessments and select the drop down box and click 'perform'

Care Plan 17 - Care Plan Filter	Created: 27/10/2025 at 11:17	Show ▾
Approved	Performed At: 27/10/2025 at 11:17	
Gail Williams	Approved At: 27/10/2025 at 11:17	
Gail Williams	Assessed At: 27/10/2025 at 11:17	
Incident Report 12 - Incident Report Filter	Created: 30/09/2025 at 12:58	Show ▾
Approved	Performed At: 30/09/2025 at 12:58	
Gail Williams	Approved At: 30/09/2025 at 13:11	
Gail Williams	Assessed At: 30/09/2025 at 13:11	
Time of Incident: 12:00:00	Incident Summary/Title: Fall	
Pain Scale 2 - Pain Scale Filter	Created: 30/09/2025 at 10:03	Show ▾
Approved	Performed At: 30/09/2025 at 10:03	Add Clinical Note
Gail Williams	Approved At: 30/09/2025 at 10:03	Add Task
Gail Williams	Assessed At: 30/09/2025 at 10:03	Perform
		Strike
		Archive
Wound Management Plan 7 - Wound Management Plan Filter	Created: 25/09/2025 at 15:22	
Approved	Performed At: 25/09/2025 at 15:22	
Gail Williams	Approved At: 25/09/2025 at 15:22	
Gail Williams	Assessed At: 25/09/2025 at 15:22	



Tip! If the 'pain scale' assessment has previously been approved and the user is in the 'show' version, click 'perform' to edit the pain scale

John Nixon

ALLERGY NOTICE Medication Chart EMMA medication

CRN: Male , aged 31 years , born on April 16, 1994 , currently admitted to Allowah

Penicillin Nuts - All Pressure Injury - Very High Risk SPOC 12 Years Wound Chart Fluid Input / Output B

Print A4 Portrait ▾ Perform

[Dashboard](#) / [Clients](#) / [John Nixon](#)

Pain Scale Authored by Gail Williams (Registered Nurse) on 30/09/2025 at 10:03 Approved by Gail William

Pain Scale

Date: Time:

3 Select the date and time the assessment was attended

The screenshot shows the Allowah patient portal interface. On the left is a sidebar with navigation links: Dashboard, Clients, John Nixon, Admissions, Alerts and Allergies, Assessments, Care Plan Tasks, Charts, Correspondence, Current admission, Diagnosis & History, Discharge Planning, and Documents (with a '3' badge). The main content area displays patient information for John Nixon, born on April 16, 1994, currently admitted to Allowah. A calendar pop-up for November 2025 is open, showing the 3rd as 'Today'. Below the calendar is a 'Date:' input field. To the right, there's a 'Time:' input field circled in red. The 'FLACC Pain Rating Scale' section is visible at the bottom right, with a link to 'Instructions'.



Tip! A list of instructions for completing the FLACC pain scale is available at the top of the assessment

The screenshot shows the 'FLACC Pain Rating Scale' instructions. The title 'FLACC Pain Rating Scale' is at the top. Below it is a link to 'Instructions'. The main content is titled 'Assessment of Behavioural Score:' and lists the following: 0 = Relaxed and comfortable, 1-3 = Mild discomfort, 4-6 = Moderate pain, 7-10 = Severe discomfort/pain. It then lists 'Patients who are awake:' with instructions: - Observe for at least 2-5 minutes, - Observe legs and body uncovered, - Reposition patient or observe activity; assess body for tenseness and tone, - Initiate consoling interventions if needed. It also lists 'Patients who are asleep:' with instructions: - Observe for at least 5 minutes or longer, - Observe body and legs uncovered, - If possible reposition the patient, - Touch the body and assess for tenseness and tone, - Each category is scored on the 0-2 scale which results in a total score of 0-10. At the bottom, a reference is provided: 'Reference: Merkel S, Voepel-Lewis T, Shayevitz JR, et al: The FLACC: A behavioural scale for scoring postoperative pain in young children. Pediatric nursing 1997; 23:293-797.'

4

Complete the assessment by selecting the observation description which best describes the client being assessed

Reference: Merkel S, Voepel-Lewis T, Shayevitz JR, et al: The FLACC: A behavioural scale for scoring postoperative pain in young children. Pediatric nursing 1997; 23:293-797.

Assessment:

Face

No particular expression or smile | Occasional grimace or frown, withdrawn, disinterested

Frequent to constant quivering chin, clenched jaw

Legs

Normal position or relaxed | Uneasy, restless, tense | Kicking or legs drawn up

Activity

Lying quietly, normal position, moves easily | Squirming, shifting, back and forth, tense | Arching

Cry

No cry (awake or asleep) | Moans or whimpers, occasional complaint | Crying steadily, screams

Consolability

Content, relaxed | Reassured by touching, hugging or being talked to, distractible | Difficult to

Total Pain Score using FLACC Pain Scale: 3

You must enter this score into the chart you are working in e.g. SPOC or Neurovascular obs.

Approve



Alert! The new pain score will be visible at the bottom of the tool, however, ensure this is added manually to each individual chart as the data will not automatically transfer across

Activity

Lying quietly, normal position, moves easily

Cry

No cry (awake or asleep) | Moans or whimpers, occasional complaint

Consolability

Content, relaxed | Reassured by touching, hugging or being talked to, distractible

Total Pain Score using FLACC Pain Scale: 4

You must enter this score into the chart you are working in e.g. SPOC or Neurovascular obs.

Approve

5 Click 'approve' to save selections

Allergies

Tasks

Consolability

Total Pain Score using FLACC Pain Scale: 4

You must enter this score into the chart you are working in e.g. SPOC or Neu

Approve

6 Click "Show" to view pain assessment if needed

John Nixon

CRN: Male, aged 31 years, born on April 16, 1994, currently admitted to Allowah

Penicillin Nuts - All Pressure Injury - Very High Risk SPOC 12 Years Wound Chart Fluid Input / Output Behaviour Chart

SUGGESTED/SCHEDULED (4987) ARCHIVED

Dashboard / Clients / John Nixon

Pain Scale 2 - Pain Scale

Assessment: Pain Scale 2 - Pain Scale

us: Approved

ormed By: Gail Williams

roved By: Gail Williams

Created: 05/11/2025 at 11:21

Performed At: 05/11/2025 at 11:21

Approved At: 05/11/2025 at 11:21

Assessed At: 05/11/2025 at 11:21

Show

Pressure Injury Prevention Plan 29 - Pressure Injury Prevention Plan

Assessment: Pressure Injury Prevention Plan 29 - Pressure Injury Prevention Plan

us: Approved

ormed By: Gail Williams

roved By: Gail Williams

Created: 28/10/2025 at 13:46

Performed At: 28/10/2025 at 13:46

Approved At: 28/10/2025 at 13:46

Assessed At: 28/10/2025 at 13:46

Show

Help